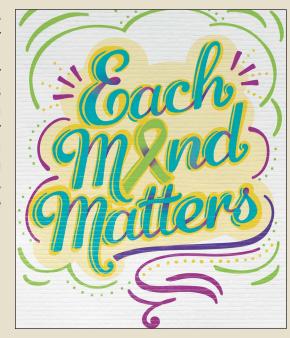


Respect \cdot Compassion \cdot Fairness \cdot Courtesy \cdot Diversity \cdot Creativity \cdot Initiative \cdot Efficiency \cdot Integrity \cdot Teamwork \cdot Thoroughness

MENTAL HEALTH MATTERS

May is Mental Health Awareness Month. Research has shown that over half of us may deal with a mental health challenge at some point in our lives. Some may be minor while others are more serious. With information about COVID-19 overwhelming our news sources, social media feeds and conversations, we may be feeling added anxiety or stress. The great news is there are many resources available to help and support is just a phone call away.

Here are just a few facts about mental health, as compiled by the National Alliance on Mental Illness (NAMI):



- Depression is the leading cause of disability worldwide
- One in five U.S. adults experience mental illness (with one in 25 experiencing serious mental illness)
- The average delay between the onset of mental health symptoms and treatment is 11 years
- People with serious mental illness have an increased risk for chronic disease, like diabetes or cancer

Knowledge is power. Knowing some of the common warning signs of mental illness is an important step to caring for ourselves and those we care about. If we notice certain symptoms, we can ask questions to better understand what someone else is experiencing and move towards getting the help that they need. Some of the common warning signs* of mental illness include:

- Feeling very sad or withdrawn for more than two weeks
- Trying to harm or end one's life or making plans to do so
- Significant weight loss or gain
- Excessive use of alcohol or drugs
- Drastic changes in mood, behavior, personality or sleeping habits

To learn more about mental health, please refer to the following resources:

- NAMI-Orange County (<u>namioc.org</u>) or call the NAMI Warmline at (877) 910-9276
- Orange County Health Care Agency (HCA) (ochealthinfo.com/oclinks); trained HCA health professionals are available at (855) OC-LINKS
- Each Mind Matters (<u>EachMindMatters.org</u>)
- National Suicide Prevention Lifeline ready to take calls 24/7 at (800) 273-8255

| The Face of the Matter: SSA Staff Wear Face Coverings | |
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| Stories from the Field: Giving During Time of Need | |
| Your Monthly Micro-Mindful Moment | |
| SSA Provides Virtual Resource Coach Training | : |
| FaCT & Bruster's Partner for Blue Ribbon Month | : |
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SSA Promotions In Memoriam **COVID-19 Resources**

Connect with Us!

Emotional pain isn't





THE FACE OF THE MATTER: SSA STAFF WEAR FACE COVERINGS

The Center for Disease Control (CDC) recommends that a face covering be worn whenever you are in public, especially in situations where you may be near people. Our County Public Health Officer has also recently issued a modified health order for Orange County requiring face coverings while out in public. The wearing of face coverings is an additional public health measure to help reduce the spread of COVID-19, along with physical distancing (staying at least six feet away from other people) as well as frequent and proper hand cleaning. Wearing a face covering helps protect the people around you, even if you are not showing any symptoms. For more information about this important public health measure, check out this webpage from the CDC: <u>Use of Cloth Face Coverings to Help Slow the Spread of COVID-19</u>













STORIES FROM THE FIELD: GIVING DURING TIME OF NEED

By Greg Anaya and Claudia Bayron, Social Services Supervisor IIs

"For it is in giving that we receive." -Saint Francis of Assisi

To meet the needs of some of their aged, blind, and disabled clients in Orange County during the COVID-19 pandemic, the In-Home Supportive Services (IHSS) program coordinated the delivery of non-perishable food boxes, nutritional beverages, adult hygiene items, durable medical equipment and donated gift cards for prescriptions to those in need. Through these ongoing efforts, it was no surprise that many of those served have expressed their gratitude and appreciation along the way. However, what did come as a surprise was how meaningful this effort has also been for IHSS staff. Below are just a few of the heartwarming stories of how the hearts of our employees were filled as a result of their efforts.



Pictured: Phillip Luu, Arlene Vizcarra, Greg Anaya

As a brand new IHSS social worker, Arlene Vizcarra expressed how transitioning into the program during the pandemic allowed her to see how severe and critical the needs of our clients are and to understand the true meaning of "vulnerable adults." After delivering groceries to a client on a rainy day, she shared, "Having had the opportunity to reach out to our most vulnerable clients, seeing their appreciative and warm faces and hearing how thankful and grateful they were about us assisting them in their time of need really made me feel appreciated and showed me how important it is to help when and where we can, because not everyone has the luxury of having even the most basic necessities."

Accounting Assistant II Philip Luu of Cypress Regional Center also served as a positive face for SSA's countywide outreach effort. Looking to help with recovery efforts during COVID-19, he volunteered to pick up and deliver needed supplies and resource guide leaflets to the elder clients. He reflected on his experience by stating, "I think when our community regains a sense of care and continuity, humanity becomes benevolent. Everyone needs a sidekick. Batman has Robin, and SSA has a team of delivery volunteers. All in masks and ready to answer the call of duty as disaster service workers."



Pictured: Jocelyn Park

After assisting a client with food, personal hygiene items and a wheelchair, IHSS social worker Jocelyn Park stated, "I feel lucky to work as part of the IHSS Triage Team where I am able to speak with many clients who are in need. I had a great experience helping a disabled client obtain a wheelchair through Senior Santa & Friends. The client was overwhelmed with emotion, as was I. I am grateful that I got to experience something remarkable."

Social Services Supervisor II Greg Anaya, who served as the lead coordinator of the distribution efforts, further shared, "I called one of our clients in need to confirm that her essential items would be delivered and, while on the phone, her donations arrived. She became very emotional when she was handed the items. She began crying on the phone and expressed disbelief as to why we were doing this for her." Greg shared that this conversation and many others like it made him feel "human" and rethink the purpose

of "why" he is here, working for SSA and at IHSS, and why he went into the field of social work. He added, "As a second-level supervisor, we sometimes lose the connection with our clients. My involvement with this project took me back to the basics of social work. It has also been a great feeling to know that the resources donated to our program from the community were being distributed to those who really needed them."

YOUR MONTHLY MICRO-MINDFUL MOMENT

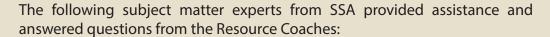
With the emergence of COVID-19, remaining physically active while maintaining social distancing is especially important. This month's Micro-Mindful Moment helps you strike this balance.

Consider taking a morning or evening walk around your neighborhood. As you walk, pay attention to what you see, hear and feel...then let it go, as if it started fading away the moment you experienced it.



SSA PROVIDES VIRTUAL RESOURCE COACH TRAINING

While in-person participation in events has come to a halt due to the COVID-19 crisis, SSA has been connecting with community partners online and via telephone to promote our critical safety net programs for individuals and families in need. On May 4, SSA was invited by the PEACE Community Resource Center, affiliated with Lake Forest's Saddleback Church, to conduct a virtual training event. The session was delivered via video conferencing to 28 PEACE Community Resource Coaches who work to connect individuals to numerous services and resources available through the PEACE Center. Saddleback Church and through local government agencies. Saddleback Church is currently training more than 50 Resource Coaches to help meet the needs of the community during the COVID-19 pandemic.





- Child Care Coordinator Amber Nowak, representing Family Self-Sufficiency & Adult Services (FSS & AS), opened the presentation with an SSA overview, discussed the eligibility guidelines for the CalWORKs Welfare-to-Work Program and informed the audience about emergency child care resources.
- Yolanda De Avila and Kenny Rodriguez, representing Assistance Programs, presented on General Relief, Medi-Cal, CalFresh, the Restaurant Meals Program, MyBenefits CalWIN and Covered CA.
- Dina Bagues, representing FSS & AS, presented on IHSS and concluded on the importance of mandated reporting to protect our vulnerable populations of children, dependent adults and seniors.

The event equipped Saddleback Resource Coaches with information and resources to guide them to connect individuals in need with SSA safety net benefits. Amber shared the following words about her experience: "The event provided a great opportunity to partner collaboratively with AP and IHSS managers and provide valuable information to the Resource Coaches. These types of opportunities are valuable in sharing SSA programs and services with members of the community who may otherwise not know about them."

Vanessa Burdick of Saddleback Church shared her thoughts about the value of the event as well, stating, "I cannot begin to express how much we, at Saddleback Church, truly appreciated your presentation yesterday. We had a record number of Resource Coaches in training that participated and learned from your wisdom. Your expertise was truly remarkable and evident to all participants. We have found that God has provided so many blessings throughout this pandemic. The ability to have so many experts from SSA on the Zoom session was definitely one of them!"

A special thank you to Vanessa Burdick and Dean White at Saddleback Church, along with our speakers (Amber, Yolanda, Kenny and Dina) who made this event possible!

FaCT & BRUSTER'S PARTNER FOR BLUE RIBBON MONTH



During the month of April, FaCT decided to try something new to expand their presence in the community while also increasing awareness of Child Abuse Prevention/Blue Ribbon Month. This year, FaCT partnered with Bruster's Real Ice Cream, a national chain that prides itself on serving fresh, premium ice cream and other frozen treats in a variety of flavors and has a reputation for being active in their local communities. Leslie Oliver, the owner of the location in Garden Grove, expressed excitement at collaborating with FaCT. FaCT Manager Candice Staples shared, "Ms. Oliver was gracious enough to feature their Blue Pop flavor of Italian ice and provide 500 free scoop vouchers for youth at our Family Resource Centers. Ice cream and sunny California go hand in hand for a sweet family bonding experience."

DID YOU KNOW ABOUT MYBENEFITS CALWIN?



Great news! SSA clients can save time and skip the line with MyBenefits CalWIN (MyBCW), an alternative to applying for public assistance benefits in person. The MyBCW website (www.mybenefitscalwin.org) and mobile app are intended to increase convenience for customers and decrease inperson visits to SSA's regional center offices, which is especially important now more than ever.

MyBCW allows customers to create an account, check eligibility and complete applications for Medi-Cal, CalFresh, CalWORKs and/or General Relief benefits. Those already receiving assistance can check their balance, review existing case information and update their accounts.

Through MyBCW, SSA staff are able to access submitted applications and documents. The website and mobile app feature a "save for later" option to allow users to complete and submit applications at their convenience. In addition, we are excited to announce new functionality in MyBCW that allows both staff and customers the ability to receive, request, sign and submit documents instantaneously, expediting the processing of benefits. For helpful resources to assist staff, visit the SSA Intranet page for MyBCW by clicking here.

STORIES FROM THE FIELD: RESOURCE FAMILY INSPIRES

May is National Foster Care Month. Throughout this month, we honor the dedicated families, individuals, community/faith-based organizations and professionals who tirelessly give support, stability, love and hope to the 2,400 children in Orange County foster care. Senior Social Worker Ellen Leek offers the following story about a resource (foster) family's inspiring efforts in caring for six children after schools closed due to the COVID-19 pandemic.

"We contacted them on March 11th regarding a sibling set of three. The family thought it over and realized they probably could handle this well, as all children would be in school during the day and the foster mother could handle all of the scheduled start times and pick-ups from school for all children in the home. So, in total, the family has six children (to care for).



On March 11th, they took placement. Then on March 13th, schools closed. The foster mother wondered how it was going to work, especially due to having to help with distance learning for the different grade levels. One child also has an Individualized Educational Plan (IEP) and requires the foster mother to sit by her side, leaving the other children waiting for help or assistance. The foster father, who transitioned to working from home, helps out when he is able with all the various daily tasks for the family.

I don't know how this particular family manages it all, but when I met with them for their annual (review), I spoke with the kids virtually and every one of them was happy and calm. Each one of them shared positives on residing in their current home and had nothing but great things to share about their foster parents. When speaking with the foster mother, I asked about the children's adjustment, transition and emotional wellbeing as they process their abuse and trauma and begin to build trust with the foster parents. The foster mother told me that just recently, one of the children pulled up a chair, sat in front of her and spoke about some of her hurts from the past. The foster mother recognized the child's need to confide, sat there and gave her personal time and attention. I spoke with the one of the foster parent's own children as part of the annual and asked about the family's strengths and he responded by sharing how dedicated his mom is to the foster children who come into their care and that she always puts their needs first. He noted that the foster father was one of the hardest working individuals he knows and always makes time for the kids.

I have always known this family to provide unconditionally to foster kids...but at this time, when they are doing umpteen various roles from home and continue to educate, cook, play, support, engage and do this all without any downtime, I'm in awe! In my own home attempting to balance work and two kids is difficult, yet this foster parent does it with six kids! I find this incredible!"

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EDUCATIONAL AND PROFESSIONAL REIMBURSEMENT

Among many other benefits to County of Orange employees, the Educational and Professional Reimbursement Program (EPRP) is available to all full-time, part-time and probationary employees who are performing their jobs satisfactorily. Many SSA employees utilize the program in order to pursue their higher education goals. Whether it be an associate's, bachelor's, master's or a doctorate degree, all employees are now currently eligible to be reimbursed up to \$10,000 per fiscal year (up from \$3,000 previously) for educational and professional expenses.

The EPRP deadline for Fiscal Year 2019-2020 is June 3, 2020. To submit your educational expenses for reimbursement, you will need to provide the following:

- An approved EPRP Request form
- An EPRP Claim form
- Breakdown of fees
- Proof of payment
- Receipts for parking (if applicable)
- Receipts and a syllabus for books/materials (a syllabus is needed only
 if you are claiming books and/or materials and they are required to
 complete the course), and
- Proof of passing grades (C or better for undergrad, B or better for graduate)



No matter what your goals may be, how long you think it may take, or if you're just curious about a subject matter that pertains to your current job or future job with the County, the Educational and Professional Reimbursement Program is available to help! To set up an EPRP appointment or ask a question, please contact EPRP Inquiries at eprpinquiries@ssa.ocgov.com. For the current EPRP policy and procedure and links to forms, click here. You can also learn more about the EPRP process by logging into Eureka and accessing the eLearn, "Educational & Professional Reimbursement Program (EPRP)."

BEYOND THE CALL: EXCEPTIONAL SERVICE IN ACTION



SANDRA LEON, Employment and Eligibility Specialist (EES)/Agency Administration

EES Sandra Leon of Program Integrity received the following words of gratitude from a client:

"Hi Sandra, you interviewed me on March 10th for my food stamps (CalFresh) verification at my doctor's office, right before COVID exploded and turned our world upside down. Just came across the paperwork and wanted to reach out to thank you. I know you have a tough job; I hope you are safe and healthy during this time. Thanks again! Take good care."

Her supervisor also spoke to the client and further shared: "She said she used to be an investigator and said it was a "thankless" job. She added that you went out of your way and you were as nice as you could be and we "gotta thank people for that." She knew it was difficult during this time when COVID just broke out and was happy you met her at her doctor's office.

BEYOND THE CALL: EXCEPTIONAL SERVICE IN ACTION



FABIAN ORTEGA-MEZA, Eligibility Technician (ET)/Assistance Programs

ET Fabian Ortega-Meza of Orange's Call and Processing Center was recently recognized by a client for his customer service, as shared by a supervisor:

"I received a call from a military veteran who wanted to honor your professionalism and patience. He mentioned he gave you an attitude but you patiently listened to him and calmed him down. He further described his service today as one of the best he's had in a very long time. He said we have a great "team" referring to you. Thank you Fabian for a JOB WELL DONE!"

RYAN BROOKS, Research Analyst III; PETER DINH, Research Analyst IV; KIMBERLY GOSWILLER, Senior Research Analyst; and ADRIAN LLAMAS, **Research Analyst III/Agency Administration**

Ryan Brooks, Peter Dinh, Kimberly Goswiller and Adrian Llamas from the SSA Research Team recently received the following words of recognition from the SSA Emergency Management Team for their support to the County Emergency Operations Center (EOC):

"At the County EOC, maintaining situational awareness is a critical part of the operation. The EOC Planning section is tasked with gathering intelligence data from the 34 Orange County cities, all county agencies, and hundreds of special districts, public utilities and other private partners. They frequently push up against hard deadlines putting together reports for our county policy and decision makers. As a responder in the County EOC, a city EOC or agency Department Operations Center (DOC), it is easy to get caught up in your assigned role or tasks and let those deadlines pass. Unfortunately, those missed deadlines cause a breakdown in the system requiring planning staff to have to make multiple requests for information, which delays a process that is built on a set schedule that keeps the planning cycle



moving and allows decision makers to keep the response headed in the right direction. As a result of the hard work and dedication of this team in completing the SSA DOC Situation Summary Report in a timely manner, the SSA Emergency Management (EM) Team received acknowledgement from the County EOC Planning Section thanking SSA for our diligence in meeting deadlines. The SSA EM Team would like to recognize and thank Ryan, Peter, Kim and Adrian for doing their part in ensuring that the county process continues to run smoothly throughout this response."

CELINDA TAYLOR, Eligibility Technician (ET)/Assistance Programs

ET Celinda Taylor (not pictured) of Aliso Viejo Regional Center recently received the following words of gratitude from a customer for her assistance with reviewing the customer's property verification documents:

"Thank you so much for helping me through the confusion of my bank paperwork. It was very confusing for me and I thank you for working with me on it. You are so kind!"



BERENICE ARMAS-LOPEZ, Senior Social Worker (SSW)/Children and Family Services

SSW Berenice Armas-Lopez received words of recognition shared by her manager, Trisha Schwenn:

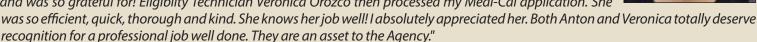
Berenice, Special Medical Placement Coordinator, had one of her families in Children's Hospital of" Orange County (CHOC) for a non-COVID event in April. While caring for her family member, she took time out to visit other Special Medical children who were also in the hospital and documented the contacts for the assigned social workers. This was a really amazing thing for her to do at a time like this. We are encouraged by your act of kindness and teamwork! Thank you Berenice!"

BEYOND THE CALL: EXCEPTIONAL SERVICE IN ACTION

ANTON MORALES, Eligibility Supervisor (ES) and VERONICA OROZCO, Eligibility Technician (ET)/ Assistance Programs

ES Anton Morales (pictured right) and ET Veronica Orozco (not pictured) of Aliso Viejo Regional Center both received the following words of recognition from a customer:

"Supervisor Anton Morales addressed my issue and he is outstanding! He listened to my issue, promptly apologized and thoroughly explained to me what happened with the original renewal paperwork. Anton also took the time to make sure that I didn't have to wait (longer) to complete the process, which I truly appreciated and was so grateful for! Eligiblity Technician Veronica Orozco then processed my Medi-Cal application. She





MONICA CHAVEZ, Eligibility Technician (ET)/Assistance Programs

ET Monica Chavez (not pictured) of Orange's Call and Processing Center received the following words of recognition from a customer, as shared by a supervisor:

"The customer would like to praise you, Monica, for your excellent customer service. The customer, who is a dialysis patient, expressed being grateful to receive help this morning from someone who cares. He feels at peace knowing what he now needs to do and commends you for going beyond the call of duty during so much uncertainty with COVID-19. He shared, 'Ms. Chavez deserves to be recognized. I felt special today."



JULIE FRANK, Employment & Eligibility Specialist (EES)/Family Self-Sufficiency & Adult Services

Intake EES Julie Frank of the CalWORKs office at Santa Ana Regional Center received the following message of gratitude from a client:

"It was a pleasure to talk to you. You were patient, very informative and helpful. In a time like this, your voice was more than that of a social worker's; you represented hope and assurance. Thank you so much for your speedy effort in this time of need. (Your help) will allow my kids to focus more on school and not worry too much about their basic necessities."

FRANCES TU, Social Worker II (SWII)/Family Self-Sufficiency & Adult Services

SWII Frances Tu of the CalWORKS office at Santa Ana Regional Center received the following words of gratitude from a client:

"Hi Frances, it was a pleasure talking to you this morning. You were really helpful and very informative. On top of that, in this time of need, to hear a voice of a compassionate individual who literally plays a major role in your client's survival was much appreciated. Thank you. We really appreciate your assistance."



ANTONIO SOLIS, Social Worker II (SWII)/Family Self-Sufficiency & Adult Services

SWII Antonio Solis (not pictured) of In-Home Supportive Services received the following letter from a client, which was translated from Spanish to English:

"I want to thank you and IHSS for the loving and humble support for us during this time. You are the only Agency in Orange County that understands the needs of the disabled and aged."

BEYOND THE CALL: EXCEPTIONAL SERVICE IN ACTION

MIGUEL BAHENA, Eligibility Supervisor (ES)/Assistance Programs

ES Miguel Bahena (not pictured) of Aliso Viejo Regional Center was recognized by a supervisor from the CalWORKS office at Laguna Hills Regional Center:

"I wanted to say thank you and recognize Miquel for his prompt assistance regarding a confidential post-CalWORKs aid client. Late last month, a post aid client came into the office and asked to be accommodated regarding her Medi-Cal annual redetermination and split case request. It was late in the afternoon when Mr. Bahena took my call and he did not hesitate to facilitate the request. He was courteous and followed up with me once the tasks were completed. I appreciate his collaboration and support with this high-profile client. He supported this stressful situation and brought peace of mind to the client. I also felt reassured that everything was handled properly. We appreciate his teamwork and look forward to working with him in the future!"



MABEL GUTIERREZ, Social Services Supervisor I (SSSI)/Family Self-Sufficiency & Adult Services

SSSI Mabel Gutierrez of Adult Protective Services (APS) was presented with Adult Services' You Rock Award for May 2020. The following comment was shared by her manager, Stacey Lindberg:

"Mabel transferred into the newly created APS SSSI position last fall. Mabel has taken this assignment to new heights. She oversees our clerical support staff and 2 Social Worker IIs (SWIIs) as well as helping out the APS Assessment & Assignment Team. She immediately came up with a process for the new APS SWII positions and what tasks they would do. She has been helping make this new unit more efficient.

Then COVID-19 hit and Mabel jumped right in, asking how she could help. Since the COVID-19 pandemic started, she has volunteered to make hundreds of In-Home Supportive Services (IHSS) outreach calls. Then she became our IHSS liaison, helping coordinate our APS staff and the IHSS outreach calls. This was a tremendous help to the team coordinating IHSS outreach calls by informing when staff were off and managing the distribution of the IHSS outreach lists. She volunteered to be part of the newly created IHSS hotline team. She and six other APS staff now answer redirected IHSS reception calls on IHSS recipients, who have imminent risk of no basic needs supplies. Lastly, Mabel was asked at the very last minute to be trained by the OC Fire Authority to fit SSA staff with the N95 masks. She and six other SSA employees have spent the last two weeks helping fit over 400 SSA staff with the N95 masks. She continues to go above and beyond the expectations and jumping in before being asked. She is rocking it in APS."

SSA PROMOTIONS

| EMPLOYEE NAME | CLASSIFICATION | DIVISION |
|---------------------------|---------------------------|--|
| CARRINGTON, BRIAN TERRELL | SR. SOCIAL WORKER | CHILDREN AND FAMILY SERVICES |
| CHORN, BRYANT TOBBY | GROUP COUNSELOR TRAINEE I | CHILDREN AND FAMILY SERVICES |
| DURAN, CLAUDIA A | SOCIAL WORKER II | FAMILY SELF-SUFFICIENCY & ADULT SERVICES |
| ENRIQUEZ, MARIA ISABEL | SOCIAL WORKER I | FAMILY SELF-SUFFICIENCY & ADULT SERVICES |
| FARHAT, EVE NEWHALL | SOCIAL WORKER II | FAMILY SELF-SUFFICIENCY & ADULT SERVICES |
| FIERRO, JOSE CARLOS | SOCIAL WORKER II | FAMILY SELF-SUFFICIENCY & ADULT SERVICES |
| GOMEZ, ROSA INEZ | ELIGIBILITY SUPERVISOR | FAMILY SELF-SUFFICIENCY & ADULT SERVICES |
| OROPEZA, ERANDI | SOCIAL WORKER II | FAMILY SELF-SUFFICIENCY & ADULT SERVICES |
| PINEDO, MARIA | DATA ENTRY TECHNICIAN | ASSISTANCE PROGRAMS |
| RIVERA, CINDY MARIE | GROUP COUNSELOR II | CHILDREN AND FAMILY SERVICES |
| SAN, CHAKRYA | SR. RESEARCH ANALYST | AGENCY ADMINISTRATION |
| SMYTH, CHERYL K | ADMINISTRATIVE MANAGER II | AGENCY ADMINISTRATION |

IN MEMORIAM

SSA would like to recognize the recent passing of an SSA employee. Please keep her family and friends in your thoughts during this difficult time.





COVID-19 RESOURCES

The Orange County Health Care Agency (HCA) has developed several helpful resources for the community to address concerns regarding the COVID-19 coronavirus. For the latest updates and information on COVID-19, please visit HCA's website at www.ochealthinfo.com/novelcoronavirus. For questions, call HCA's Health Referral Line at (800) 564-8448. For a repository of all SSA communication related to COVID-19, visit the Community and Government Relations Sharepoint page by clicking here.







FREE COVID-19 Testing for Essential Workers

Appointments are available for FREE COVID-19 PCR diagnostic testing at OptumServe (State) sites in Buena Park, Orange, Santa Ana and San Juan Capistrano for symptomatic AND asymptomatic health care workers, first responders, social service workers and other essential employees who don't have access to testing through their health care provider or employer.

To make an appointment, please visit: Ihi.care/covidtesting or call 1 (888) 634-1123. To learn more about COVID-19 and testing, visit ochealthinfo.com/covidtest.



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